

**ADVOCATING AQUATIC PHYSIOTHERAPY: A STRATEGIC APPROACH TO AWARENESS AND ACCESSIBILITY**

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**ABSTRACT**

Aquatic physiotherapy, using water's properties to improve physical rehabilitation, has the capacity to tackle diverse challenges encountered by patients with musculoskeletal disorders, neurological conditions, and requirements for post-operative recovery. In the Middle East, where healthcare systems are still developing, there is an urgent necessity for awareness and improved access to aquatic physiotherapy services. This study determined the level of awareness on aquatic physiotherapy and the extent of its manifestation. Specifically, this described the profile of the physiotherapists relative to sex, length of service in the clinical work and highest educational attainment. Likewise, the study looked into the level of respondents' awareness on the aquatic physiotherapy and the extent of manifestation of aquatic physiotherapy with respect to patient's demographics, therapeutic techniques, and safety and supervision. The study utilized a descriptive type of research design and involved physiotherapists. Results of the findings revealed that majority of the physiotherapists are male, with 16 to 20 years in clinical service and are bachelor's degree holder. There is a very high level of awareness about aquatic physiotherapy. Moreover, the study revealed a great extent of manifestation of aquatic physiotherapy with regard to patient's demographics, therapeutic techniques, safety and supervision.

**Keywords:** *aquatic physiotherapy, level of awareness, manifestation*