

PHYSICAL, PSYCHOLOGICAL AND SOCIAL WELL-BEING OF STUDENT-ATHLETES IN SPECIAL GAMES IN SELECTED DEPED SPED SCHOOLS IN THE PROVINCE OF CAVITE, PHILIPPINES

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ABSTRACT

Persons with disabilities often face societal barriers and disability evokes negative perceptions and discrimination in many societies. As a result of the stigma associated with disability, persons with disabilities are generally excluded from sports which deprives them of opportunities essential to their social development, health, and well-being. Sports participation can be a challenge to kids that may have limited mobility and/or tire more easily than their non-disabled peers. Thus, the concept on the physical, psychological, and social well-being of the students-athletes in the special games should be studied. This paper aimed in determining the physical, psychological, and social well-being of the student-athletes in special games in selected DepEd SPED schools in the province of Cavite, Philippines. Descriptive correlational research design was employed. The study revealed that the respondents had a very high level of physical Well-being, very high level of psychological well-being and very high level of social well-being of children with special needs. Correlations indicated that the level of sports participation of children with special needs was dependent on the type of their disability and type of sports participated by them and the level of physical well-being has something to do with their level of sports participation.

Keywords: Children with Special Needs, Descriptive Correlational Study, Sports Participation.