

## **FACTORS AND THE ROLE OF THE FAMILY LEADING TO OBESITY IN SCHOOL GOING CHILDREN**

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### **ABSTRACT**

Weight is considered as a worldwide pandemic. Corpulence in youth and pre-adult is an issue of concern since it is an imperative indicator of grown-up stoutness. Distinguishing people who are physically latent, overweight or fat in school going age is vital. Limited data is available in Pakistan regarding prevalence of obesity in school going children. The target of this study was to decide the recurrence and variables prompting stoutness in school youngsters.

**Keywords:** Obesity, Parents Negligence, Sedentary life style, Awareness Campaign.