

CORRELATE OF EXOSYSTEM INTERACTION AND ADOLESCENTS SEXUAL RISK BEHAVIOURS IN ANAMBRA STATE, NIGERIA

Onwurah, Chrysantus Chinyere, PhD
Human Kinetics and Health Education Department
Nnamdi Azikiwe University, Awka, Anambra State, NIGERIA
cc.onwurah@unizik.edu.ng

Madumelu, Jerome, PhD
Department of Sociology/Anthropology
Nnamdi Azikiwe University, Awka, Anambra State, NIGERIA

ABSTRACT

Understanding ecological factors that influence risky sexual behavior of adolescents is vital in designing and implementing sexual risk reduction interventions in specific contexts. Interventions undertaken without understanding the critical factors may not produce the desired results. This study determined the relationship between Exosystem and sexual risk behaviours of adolescents in Anambra State. The study determined the percentage of secondary school student on the mesosystem, their percentage on sexual risk behaviours and the relationship between the Exosystem and their sexual risk behaviours of adolescents in Anambra State. The study was guided by one research question and one null hypothesis. Correlational research design was used and the population of the study consisted of 49,284 secondary school students in Anambra State. The sample consisted of 1470 senior secondary school students of SS1 and SS2 classes selected using multi-stage procedure. The instruments for data collection were, Exosystem of Secondary School Questionnaire (ESSQ), made up of exosystem. It gave reliability coefficient of .81 of 8 items and Sexual Risk Behaviours Questionnaire (SRBQ), made up of 23 items gave reliability coefficient of .88. Research questions 1 and 2 were answered using percentages, research questions 3 was answered using Pearson's Product Moment Correlation while the hypothesis was tested using simple regression analysis. The results showed that majority of the adolescents had good interactions in their exosystem. Also the adolescents had bad sexual risk behaviours. There is significant difference between exosystem and adolescents sexual risk behaviours. Based on the findings, it was concluded that adolescents had good interactions with exosystem. Health educators should find innovative ways of educating the adolescents on the dangers of sexual risk behaviours, using peer and media since it has been found to be a predictor of sexual risk behaviours.

Keywords: Adolescents, Exosystem, Bronfenbrenners, Sexual risk behaviours.