IMPROVING SOCIAL SKILL THROUGH SOSIODRAMA TECHNIQUE
FOR YUNIOR HIGH SCHOOL STUDENTS

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ABSTRACT

The research is based on a social skill for yunior high school students which are fairly low. The study aim is to improve the social skill through sociodrama technique. The research uses action research carried out in three cycles using the model of Kemmis and Taggart. Each cycle consists of four stages, namely planning, action, observation and reflection. The research is carried out in three cycles. Each cycle consists of three treatments. The subjects in this research are yunior high school students in Yogyakarta. The type of action uses sociodrama technique. Data collection method of this study uses scale and observation. The instrument of this research uses social skill scale and observation guideline. Data analysis in this research used is quantitative and qualitative data analysis. The research result shows that sociodrama can improve the social skill. Pre action was performed by spreading the scale of the data, acquired the social skill of the students were still low. In the first cycle which consists of three actions, 13% students have high social skill. In the second cycle which consists of three actions, the result improves up to 43% students have high social skill but they have not reached the target. In the third cycle which consists of three actions, the result improves up to 80% students already have high social skill and reached the target. These results are also strengthened by the observation to the subjects. The observation shows increasing social skill from pre test that is showed the students are able to express opinion out loud, can manage emotion well, able to interact with all friends, and can behave assertively.

Keywords: Sociodrama, Social Skill, Action Research.