

A SOCIOLOGICAL STUDY OF SPORT AND SOCIAL CLASSES (A STUDY IN TEHRAN, THE CAPITAL CITY OF IRAN)

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ABSTRACT

In modern societies, social classes are based on the socio economic status. Since there was no research about tendency of sport activities among social classes in Tehran, therefore the purpose of this study was to investigate the relation between social classes and tendency of sport (corporeal health, leisure time, collective identity) activities in Tehran. In this study cross sectional survey method and random sampling were used. The data was collected from 330 citizens of different areas of Tehran through interview and questionnaires. The data were analyzed using SPSS and Spearman's coefficient correlation test. The findings of this research showed that there is a significant relation between sport activities and corporeal health for upper class ($r=0.064$, $P<0.05$). The relation between sport and leisure time was also significant among middle class ($r=0.068$, $P<0.05$). There was also a significant relationship between tendency of sport for collective identity and lower class ($r=0.073$, $P<0.05$).

Keywords: Sport, Social Class, Corporeal Health, Collective Identity, Leisure Time.