

AN EXAMINATION ON THE PREDICTIVE VARIABLES OF ADOLESCENTS' LIFE SATISFACTION

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ABSTRACT

The aim of this study is to examine whether locus of control, Internet addiction and obesity are the predictor of adolescents' life satisfaction. The research conducted with the relational screening model was conducted on 402 students who study at high school in Kayseri province and selected through random sampling. The research data was obtained with the Satisfaction with Life Scale, the Internet Addiction Scale, Locus of Control scale as well as the body-mass index (BMI) to determine if students were obese. To analyze the data, Pearson's Correlation Product Moment Correlation Coefficient and Multiple Regression Analysis techniques were utilized. As a result of the analysis, Internet addiction, the subdimensions of the Internet addiction and obesity explained 30% of total variance regarding adolescents' life satisfaction, and the most powerful predictor variable is obesity. It was also found as a result of the research that the locus of control did not predict adolescents' life satisfaction. It is thought that the findings obtained will shed light on future studies concerning adolescents.

Keywords: Life satisfaction, adolescent, locus of control, internet addiction, obesity.